

These two pieces are from my pattern. They have been folded (correct sides facing inwards) in half and pressed on the edge.

In order to make the mask 3-ply, cut one more full piece from my pattern. Then cut it in half as shown here.

You'll add C to A, and D to B.

That makes it 3-ply on the right and left halves.

**PRECAUCIÓN**  
Evite el frío y el calor extremos y la luz solar.  
Evite el frío y el calor extremos y la luz solar.





It looks like this after you add C to A, and D to B.

That makes it 3-ply on the right and left halves.

You can see that I have pinned the respective pieces together. You must pin them or they will start sliding when you sew on the machine.

Don't worry about pieces C and D's pattern (whether the correct or wrong sides are facing).

When you flip it, C and D will end up being the middle layer of the 3-ply mask.





**CAUTION** Avoid cutting repeatedly in the same spot or in excessive pressure to avoid cut through. Avoid extreme cold, heat and direct sunlight.

**MISE EN GARDE** Évitez de couper à maintes reprises au même endroit ou en exerçant une pression excessive. Évitez le froid extrême, la chaleur et la lumière directe du soleil.

**PRECAUCIÓN** Evite cortar repetidas veces en el mismo lugar o ejercer demasiada presión para evitar atravesarla. Evite el frío y el calor extremos y la luz solar directa.

For each of the halves, sew along these three sides indicated by the red line.

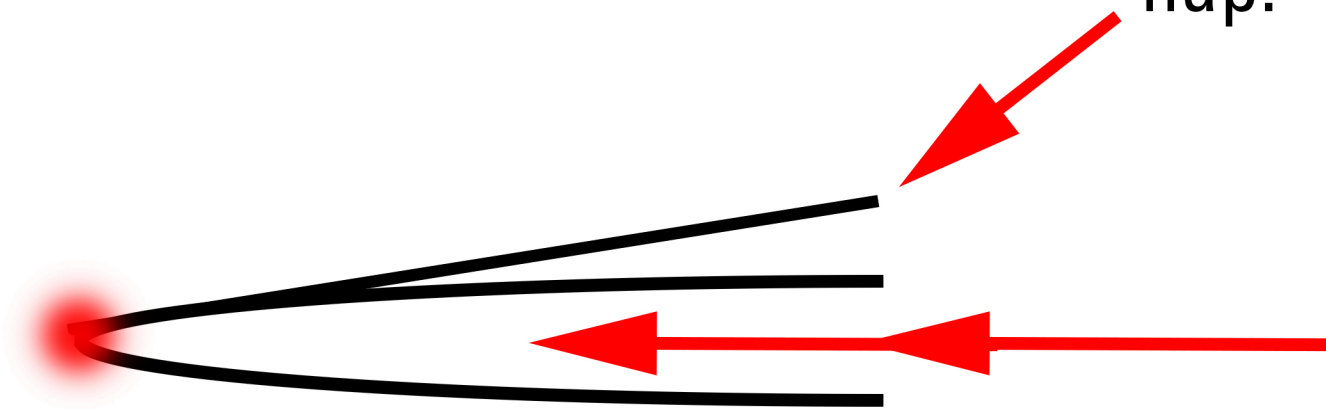
Use a simple straight stitch.

Be sure to leave the curved edge open, because we will use that opening to turn the halves inside-out.



From a cross-sectional view,  
the red dot represents the  
straight edge.

This would be either C or D's  
flap.



This pocket here is from  
either A or B. This is where  
you'll turn it inside out.

When you do that, you should  
have both the correct sides of  
the fabric pattern showing.



After you turn the right and left halves of the mask right-side-out, iron the sewn edges really well. My secret tool is my hair flat-iron! It is the perfect ironing tool!! No worries--I don't use it on my hair anymore. You'll need to tug gently to iron out the "puckers" where the sewn edges are. Otherwise, you'll lose some surface area.



id cutting repeatedly in  
avoid cut through. Avo

**ARDE** Évitez de c  
ou en exerçant une pr  
s de coupe. Évitez le  
du soleil.

**N** Evite cortar repetidas veces en el  
asiada presión para evitar atravesarla.  
os y la luz solar directa.



These are the right and left halves. They have been pressed.

Line up the two halves along the curve. That is the midline of the mask.  
Pin the two halves securely!! Don't let them slide around when you sew.







Here I've pinned the two halves together.





I've finished sewing a simple straight stitch along the curve.

The right and left halves of the mask are now joined.

This becomes the "inside" part of the mask.





Re-stitch over the curve with a zig-zag stitch or any other stitch pattern you choose.

This is to reinforce the center line.





Do a top-stitch around the perimeter.

This helps the mask retain it's shape.

This is demarked by the green line.



This is the mask “turned over” which is the correct side up.





This is the mask folded in half, correct sides facing out.  
Now just sew the adjustable elastic earloops to the sides  
(remember to do that on the “wrong side/inside”).

