

> A T.C.	FOOLIO MACORD ADLIDA OF FOR THE MATERIA
DATE:	FOCUS WORD/PHRASE FOR THE WEEK: _
JAIL	TOGOS VVOND/THINASETON THE VVEEK.

SPECIAL EVENTS THIS WEEK:

"Even if you fall on your face, you're still moving forward."

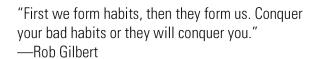
—Victor Kiam

"Mental toughness is to physical as four is to one."

—Bobby Knight

"He who stands for nothing will fall for anything."

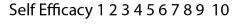
—Alexander Hamilton





"Physical strength can never permanently withstand the impact of spiritual force."

—Franklin D. Roosevelt



"Be true to your work, your word, and your friends."
—John Boyle O'Reilly

"I think I fall in love a little bit with anyone who shows me their soul. This world is so guarded and fearful. I appreciate rawness so much."

—Anon.