

Anatomy & Physiology: Muscles—Extensor Digitorum.

STRUCTURE.

- Origin: lateral epicondyle of humerus.
- Insertion: distal and middle phalanges of each finger.

FUNCTION.

- Concentric action: extends distal and middle phalanges of each finger at interphalangeal joints, proximal phalanx of each finger at metacarpophalangeal joint, and hand at wrist joint. Lesser: medial rotation of pinky finger at CMC joint; elbow extension.
- Reverse mover action: extension at MCP, DIP, PIP joints; wrist extension; lateral rotation of hamate; elbow extension.
- Eccentric action: controls/restrains/slows MCP, DIP, PIP flexion; wrist flexion; pinky finger lateral rotation; elbow flexion.
- Isometric action: stabilize MCP, DIP, PIP, wrist, radioulnar joint, elbow joint.
- Innervation: radial nerve.
- Arterial supply: posterior interosseus artery.

CLINICAL SIGNIFICANCE.

References

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