

## Anatomy & Physiology: Muscles—Longus Colli.

### STRUCTURE.

- Superior Oblique
  - Origin: transverse process of C3-C5.
  - Insertion: anterior arch of C1.
- Inferior Oblique
  - Origin: anterior bodies of T1-T3.
  - Insertion: transverse processes of C5-C6.
- Vertical
  - Origin: anterior bodies of C5-T3.
  - Insertion: anterior bodies C2-C4.

### FUNCTION.

- Concentric action: neck flexion, lateral flexion, contralateral rotation.
- Reverse mover action: flexion, lateral flexion, and ipsilateral rotation of neck and upper back.
- Eccentric action: controls/restrains/slows extension and contralateral later flexion of neck; ipsilateral rotation of neck; contralateral rotation of neck and upper back.
- Isometric action: stabilization of cervical and upper thoracic spine.
- Innervation: cervical spinal nerves.
- Arterial supply: inferior thyroid artery, vertebral artery, ascending pharyngeal artery.

### CLINICAL SIGNIFICANCE.

## References

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