

Anatomy & Physiology: Muscles—Rhomboid Minor.

STRUCTURE.

- Origin: spinous process of C7-T1.
- Insertion: vertebral border of scapula superior to spine.

FUNCTION.

- Concentric action: scapular retraction and downward rotation. Medially tilts scapula at the scapulocostal joint (ScC).
- Reverse mover action: contralateral rotation of trunk at spinal joints.
- Eccentric action: controls/restrains/slows scapular protraction depression, upward rotation, and lateral tilt; controls/restrains/slows flexion and ipsilateral rotation of the trunk.
- Isometric action: stabilization of the scapula; stabilization of C7-T5 vertebrae.
- Innervation: dorsal scapular nerve.
- Arterial supply: dorsal scapular artery (branch of subclavian artery).

CLINICAL SIGNIFICANCE.

References

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