

## Anatomy & Physiology: Muscles— Serratus Posterior Inferior.

### STRUCTURE.

- Origin: spinous processes and supraspinous ligaments of T11-L2.
- Insertion: posterior aspect of ribs 9-12.

### FUNCTION.

- Concentric action: depress ribs 9-12.
- Reverse mover action: contralateral rotation of T11-L2.
- Eccentric action: controls/restrains/slows elevation of ribs 9-12; ipsilateral rotation of T12-L2.
- Isometric action: stabilization of the lower ribs, and thoracolumbar spinal joints.
- Innervation: subcostal and intercostal nerves.
- Arterial supply: dorsal branches of posterior intercostal arteries.

### CLINICAL SIGNIFICANCE.

## References

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