

Anatomy & Physiology: Muscles—Teres Minor.

STRUCTURE.

- Origin: inferior lateral border of scapula.
- Insertion: greater tubercle of humerus.

FUNCTION.

- Concentric action: shoulder external/lateral rotation, horizontal extension, and adduction.
- Reverse mover action: lateral tilt of scapula. Upward rotation of scapula.
- Eccentric action: controls/restrains/slows shoulder internal rotation, abduction, and horizontal flexion, and scapular downward rotation.
- Isometric action: stabilization of the shoulder girdle.
- Innervation: axillary nerve.
- Arterial supply: circumflex scapular artery (branch of subscapular artery); posterior circumflex humeral artery (branch of axillary artery).

CLINICAL SIGNIFICANCE.

References

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